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COUNTY **Infocus**
Learning, living, and leading...together.



training and development >>>

Did you know your library card can open up a world of



learning opportunities? Visit their online language education site, and see what type of languages you can learn—all for free!

Click [here](#) and see where your card can take you!

VITA Tax Help

Staunton River Memorial Library

NOW - April 13

Mondays, 5 to 9 p.m., and

Saturdays, 8 a.m. to 3 p.m.

VITA (Volunteer Income Tax Assistance) will provide free tax preparation assistance for those with an adjusted gross income of \$56,000 or less.

Citizens must make an appointment for service.

Please call VITA at 434-548-8233 for an appointment.

Swinging Forward

Board of Supervisors Approve Purchase of New Playground at Timbrook Park

Timbrook Park's 10-year-old playground remains a popular hub for families almost every sunny afternoon.

Now, with recent approval from the Campbell County Board of Supervisors, Campbell County Parks and Recreation has the green light to move forward with plans to purchase and install a new playground in Timbrook Park.

As the county's most visible park, several improvements have been made in recent years — including the installation of a bathroom facility and fencing between the parking lot and ball fields. Sod and seeding

also have been laid for the football field. Cost-saving measures on these projects have left enough funding available to move forward with playground plans with no additional allocation of funds.

Mary Pascale, the County's Director of Recreation, said about \$65,000 has been saved during renovation of the park, and a plan is in place to allo-

cate about \$35,000 for new playground equipment and additional fencing to separate the new playground from the parking lot.

The current playground, while well-loved, has reached its life expectancy, Pascale said. Natural wear and

tear has caused issues, like the loss of certain toys and fixtures, and most of the parts for the existing playground are no longer available. Pascale said the new playground will be in a different area of the park, allowing for a larger play set with the capacity to allow 12 to 15 children to play at one time. She said the new playground will be ac-

cessible to everyone regardless of ability.

She hopes the playground will be installed by April or May, and the old one will be taken down after the new one is installed.

At the Feb. 4 board of supervisors meeting, Timberlake District Supervisor Susan Hogg spoke in favor of the con-

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VRS workshops >>>

Registration is open for upcoming VRS member education seminars and workshops around the state. Sessions are available for members in all career stages. Learn more about your VRS plan, how to prioritize savings and prepare for retirement.



ARE YOU READY?

Building Retirement Security – [Click to Register](#) **Plan 1, Plan 2 and Hybrid Members**

Wednesday, May 6, 2020

8:00 a.m. to 12:30 p.m.

Blue Ridge Community College

Do you have mid-career financial goals? Perhaps you'd like to reduce your debt, start a family or establish a savings plan for a major purchase or your retirement. Join us for this half-day workshop featuring industry professionals who will cover a range of topics including credit and debt management, protecting your finances and retirement planning.

Are You on Track? – [Click to Register](#) **Plan 1 and Plan 2 Only**

Thursday, April 2, 2020

2:00 p.m. to 3:00 p.m.

Central Virginia Community College, Lynchburg

Learn about your VRS membership and the importance of planning now for your future.

Webinars are also available by logging in to your account at myVRS.com. If you need assistance, please contact hr@campbellcountyva.gov.



It's important to us that our employees remain healthy, happy and well.

Campbell County Organizational Leaders have scheduled a meeting with Dr. Kerry Gateley, who oversees the Central Virginia Health District's Emergency Planning and Epidemiology Team to provide an update on regional measures for the COVID-19 (coronavirus). We will certainly share the statewide guidance on coronavirus precaution once our meeting takes place.

In the meantime, our Department of Management Services received the attached information from our healthcare partner, Anthem.



How to protect yourself

Frequent hand-washing is the most effective way to protect yourself from infection. Other good habits to practice include covering your mouth and nose with a tissue when you cough and sneeze, and cleaning frequently touched items such as phones, keyboards, and doorknobs to help remove germs.



What your Anthem benefits will cover

Your Anthem health plan will cover the care you get if you're diagnosed as having coronavirus COVID-19, based on your plan's benefits, unless otherwise determined by state law or regulation. It'll also cover testing for COVID-19. You'll pay any out-of-pocket expenses your plan requires.



What to do if you have symptoms

Call your doctor if you develop a fever, have a cough, or have difficulty breathing. And let them know if you've been in close contact with a person known to have COVID-19, or if you live in or have recently traveled to an area where the virus has spread. You can also check to see if your plan offers telehealth benefits to see a doctor online. If you think you're infected, using telehealth helps to prevent spreading a virus.

To learn more about preventing and treating coronavirus COVID-19, visit the CDC website at cdc.gov/coronavirus.



The following materials were provided by Anthem to help keep you and your family safe during this health concern. (Please note, you will need to be logged in to the County portal in order to see these documents)

- [**COVID-19 Educational Flyer.pdf**](#)
- [**COVID-19 Member FAQs.pdf**](#)

VESNA FARRAR
2020 BIGWIGS CHALLENGE

Vesna Farrar, who serves in our Department of Social Services, has volunteered to support the Susan G. Komen Big-Wig Challenge for the Blue Ridge Chapter. Her goal—raise \$1,000 for breast cancer research and education, with 75% of the funds she raises staying local. Please consider supporting our coworker as she strives to find a cure!

EARTH DAY CELEBRATION
SATURDAY, APRIL 25 • 11AM-2PM
TIMBROOK PARK

Join the Campbell County Recreation Department for a free event to celebrate recent park improvements and Earth Day! There will be food trucks, crafts, games, a scavenger hunt and more!

The event is free to the public, with a rain date of May 2, 2020.

Campbell County Sheriff's Office Presents the 12th Annual
Deputy Jason Saunders Memorial Car Show & Spring Festival

The 13th Annual Deputy Jason Saunders Memorial Car Show & Spring Festival features a variety of activities for youth and adults including a drug take-back opportunity, free shredding, car seat safety check, classic cars and hot rods, DJ music, and food trucks on-site.

The event will be held on Saturday, April 25, 2020 at Yellow Branch Elementary School from 10:00 a.m. to 2:00 p.m. This event is free and open to the public; however, there is a charge for vendors and car exhibits.

The proceeds from this event will benefit Frannie's House, the Deputy Jason Saunders Memorial Fund, and the Friends of Campbell County Sheriff's Office Medical Expense Fund.

For details to be a vendor, or to enter your car, please download an application, please visit the Sheriff's Office [website](#).

March is National
CRAFT
Month!

During National Craft Month, crafters get creative with their supplies. Artisans set to work on a design, and different craftspeople put their skills together to bring an idea to life.

The Campbell County Public Library offers a variety of online resources for artisans of all ages! Visit their [website](#), and click on the **LEARN** tab, where you'll find a variety of online classes you can take—all with a library card!

From cake decorating to candle-making, calligraphy to business start-up, you'll be amazed what you may find!



Please submit newsletter items to Beth Worth by Thursday, March 26, 2020.

tornado preparedness>>> annual tornado drill

VA STATEWIDE TORNADO DRILL
 TUESDAY, MARCH 19, 2019 AT 9:45 AM
 REGISTER AT VAEMERGENCY.GOV/TORNADODRILL

VA DEPARTMENT OF EMERGENCY MANAGEMENT

MAKE A PLAN SECONDS COUNT

GET YOUR BRAIN ON - GET YOUR GAME ON!

EMPLOYEE APPRECIATION EVENT
 THURSDAY, MARCH 26 2-4 PM
 Haberer Building Multi-Purpose Room

“Jeans Day” for those who form teams and participate with at least one other employee fan.
 (Teams or themes can be based on anything work appropriate - i.e. sports, books, sci-fi, hobbies, pets, etc.). You must have at least one teammate to participate in this dress down day.

Team games/scavenger hunt to win great prizes.
 (Contact PER at 9818 to list your team members and receive your riddles and clues.)

Play cool games at the event.
 Challenge yourself, your team mate, or other teams.

Get your team photo taken.

Enjoy Tailgating Food:
 Sliders,
 Chips,
 Salsa,
 Cup Cakes,
 and Other Game Day Fare.

Sponsored by the Campbell County Leadership Team

Campbell County Virginia

what's cooking Campbell? >>>

Chicken Scampi Pasta

Chicken takes the place of shrimp in this dish inspired by the Olive Garden classic -- making it even more weeknight friendly.

Serve over angel hair pasta and you'll be in and out of the kitchen less than 30 minutes.



INGREDIENTS

- Kosher salt
- 1 pound thinly-sliced chicken cutlets, cut into 1/2-inch-thick strips
- 3 tablespoons olive oil
- 8 tablespoons unsalted butter, cubed
- 6 cloves garlic, sliced
- 1/2 teaspoon crushed red pepper flakes
- 1/2 cup dry white wine
- 12 ounces angel hair pasta
- 1 teaspoon lemon zest plus the juice of 1 large lemon
- 1/2 cup freshly grated Parmesan
- 1/2 cup chopped fresh Italian parsley

PREPARATION

Bring a large pot of salted water to a boil for the pasta. Sprinkle the chicken with some salt. Heat a large skillet over medium-high heat until hot, then add the oil. Working in 2 batches, brown the chicken until golden but not cooked through, 2 to 3 minutes per batch. Remove the chicken to a plate.

Melt 4 tablespoons of the butter in the skillet. Add the garlic and red pepper flakes and cook until the garlic just begins to turn golden at the edges, 30 seconds to 1 minute. Add the wine, bring to a simmer and cook until reduced by half, about 2 minutes. Remove from the heat.

Meanwhile, cook the pasta until very al dente, reserving 1 cup of the pasta water. Add the pasta and 3/4 cup pasta water to the skillet along with the chicken, lemon zest and juice and the remaining 4 tablespoons butter. Return the skillet to medium-low heat and gently stir the pasta until the butter is melted, adding the remaining 1/4 pasta water if the pasta seems too dry. Remove the skillet from the heat, sprinkle with the grated cheese and parsley and toss before serving.



Don't forget to spring forward this weekend! Day Light Saving Time Begins Sunday, March 8, 2020.

tinued renovations.

"It only makes sense that we complete this park for these families," Hogg said. "My kids played in that park 10 years ago, and I think we need to complete what we started."

Sitting on 43 acres off Leesville Road, Timbrook Park has a 200-car parking lot, and about two miles of walking and running trails. It is one of the most used parks in Campbell County, according to a report compiled by county staff. The county owns four park facilities — with a fifth, English Park, handled by the town of Altavista — as well as Abbott-Duncan Recreational Fields and SR Bryant Park. The county also leases Long Island Park from the Virginia Department of Game and Inland Fisheries.

The county boasts more than 500 acres of parkland. Two of the county-maintained parks have playgrounds and a majority of the county's parks have ballfields and trails for biking and walking.

Timbrook Park is a place that inspires residents to come out into their community, said Pascale, and during the recent renovations, kicked off in 2018, they saw volunteers turning out to offer a helping hand. Pascale said several county staff members, including County Administrator Frank Rogers and Deputy County Administrator Clif Tweedy, would roll up their shirtsleeves and lend time on a Saturday helping with renovations.

Tweedy noted Timbrook is the county's "premier" park, the most developed and used in the county. Even in the near-stifling heat of summer, while he was volunteering time on the bathroom facility — with the help of Rogers, his son and several public works employees — Tweedy said the park was swarmed with people walking the trails, visiting the pond and enjoying the playground.

Concord District Supervisor Matt Cline commended Pascale and Tweedy for their cost savings and Cline voiced his support for the project.

Pascale said they are in the process of selecting the playground set and hope to break ground as soon as possible so the play set will be ready in the spring.

**Article content written by Sarah Honosky/The News and Advance; reprinted with permission.*



upcoming events >>>

VDEM Annual Tornado Drill

Tuesday, March 17, 2020; 9:45 a.m.

The Statewide Tornado Drill is a yearly opportunity to prepare Virginians for tornado emergencies and to test public warning systems.

GAME ON! Employee Event

Thursday, March 26, 2020; 2-4 p.m.

Haberer Multi-Purpose Room

Think you've got game? Show us! Join the County Leadership Team for a fun-filled afternoon of tailgating food, riddles and a scavenger hunt! Employees may dress in work-appropriate jeans—as well as a "Team or Theme"!

thank you >>>

The collective staff of the Haberer Building would like to thank the Departments of Public Works, Maintenance and Information Technology for their efforts in making our lobby area more welcoming.

For those of you whom have not visited, please come take a peek at our new digital display board! We'd love to hear your feedback - contact Public and Employee Relations at per@campbellcountyva.gov, to share your thoughts. Local photographs are also welcomed!

Final *thoughts*

Humans have been coming up with ways to give constructive criticism for centuries, but somehow we're still pretty terrible at it.

Cognitive psychologist LeeAnn Renninger shares a scientifically proven method for giving effective feedback.



Please click on the photo above; make sure your speakers are on.

