



Campbell County Public Safety

One County, One Mission, One Call Away

Animal Control, E911, Emergency Management, EMS, Fire



PRIDE

By
Director Scott Hechler

Proudly serving the citizens of Campbell County

Altavista Volunteer
EMS

Altavista Volunteer
Fire Dept.

Brookneal Volunteer
Fire Dept.

Brookneal Volunteer
Rescue Squad

Brookville/Timberlake
Volunteer Fire Dept.

Campbell County
Volunteer Rescue
Squad

Citizens Emergency
Crew

Concord Volunteer
Fire Dept.

Concord Volunteer
Rescue Squad

Evington Volunteer
Fire Dept.

Gladys Volunteer
Fire Dept.

Lyn-Dan Heights
Volunteer Fire Dept.

Rustburg Volunteer
Fire Dept.

Rustburg Volunteer
Rescue Squad

As we wrap up the year-long conversation on developing our first 5 Year Strategic Plan and move towards a re-vamped organizational structure that provides greater citizen involvement and volunteer access to Board members, one word comes to mind that I have heard stated repeatedly, Pride. Some have used the term pride to describe affiliation only to their volunteer agency and as the reason they have trouble supporting an organizational structure that actually exists today. The organization has existed for years albeit possibly in name only to some extent.

I challenge you to remember pride is not something that you have to put limits on. We can all have unlimited pride in our families, our work, our hobbies, and in as many first responder agencies that you are a member of.

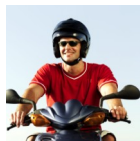
The funny thing is that almost all the employees in Public Safety were a volunteer, are a volunteer, or have family and friends that are volunteers in one capac-

ity or another. With that common background, we can be the example of how to have pride in our Countywide Department of Public Safety AND whatever other agencies you serve as part of the county. That is one reason why, despite the rumors, volunteer companies are still encouraged to use their own colors and insignias along with Public Safety insignia on county funded vehicles.

I witnessed this universal pride and professionalism during the Air Show where dozens of responders came to together to manage one of the largest incidents the county has ever faced. No one cared about county or volunteer roles; we all just did the job together. Bill Bigham stated that Saturday, at the show, he saw us all come together as one team. With all the respect that I have for my friend Bill, who am I to argue?

Thanks for all you do everyday and be safe out there!

Scott



MOTORCYCLE SAFETY PROGRAM

The Rider Alert motorcycle-safety program was launched in Richmond, Virginia on April 12, 2011 and is spreading rapidly throughout the state and nation. The program, designed to help save lives, provides free identification data cards that will help first responders provide rapid and accurate medical assistance to motorcyclists involved in serious accidents.

Rider Alert cards are placed inside riders' helmets and contain vital, life-saving information, emergency contact, and any important medical history. When first responders arrive on the scene of a motorcycle accident, a one-inch, round sticker on the outside of the helmet will indicate that the biker has the Rider Alert card. The sticker also warns bystanders not to remove the helmet, which could prevent further injury.

Campbell County Public Safety is pleased to announce its support with this program and offer these Rider Alert Cards to be picked up at the Public Safety 911 center Mon.- Fri. 8 AM till 5 PM. For more information contact Debbie Baldwin at 332-9888.



Name of Rider _____

Emergency Contact Name _____

Emergency Contact Phone/Cell _____

Relationship to Rider _____

Please fill out your information with a ball point pen.

Public Safety Staff

Scott V. Hechler,
Director

Tracy Fairchild,
Deputy Director,
E911

Randall Johnson,
Deputy Director,
Fire Marshal

Michelle Turner,
Deputy Director,
EMS

Joseph A. David,
Animal Control Officer

Barbie Alleman,
Office Manager

Debbie Baldwin,
Administrative Aide

Deborah Bush,
Training Officer/
Supervisor

Pat Newman,
Records & Retention

Ben Pollard,
Radio Technician

www.campbellcountyva.gov/depts./publicsafety



www.volunteerhero.com

CHILL OUT



Our bodies control heat by sweating, the secretion of water to the surface of the skin. When this water evaporates it absorbs heat and carries it away from the body. There are two conditions that directly affect the efficiency of sweating; relative humidity and ambient temperature. The higher the relative humidity the less water the air is able to absorb. If the air is at 100-percent relative humidity, sweat will not evaporate into the air. Ambient temperature of the environment also affects the body's ability to eliminate excess body heat. The higher the temperature of the environment the higher the body's core temperature can rise.

When the body sweats, it loses both water and salt. When the body loses too much salt, heat cramps can result. Heat cramps are muscle pains or spasms – usually in the abdomen, arms, or legs – that may occur in association with strenuous activity and low salt levels in the muscles.

As the body's core temperature increases an individual can develop heat exhaustion. Heat exhaustion is a milder form of heat illness characterized by profuse sweating, pale/cool

skin, nausea/vomiting, rapid breathing, fatigue, headache, dizziness, fainting, and a rapid weak pulse.

Once the body's core temperature exceeds 103 degrees the individual is at risk for experiencing heat stroke. Heat stroke is a life threatening condition that can present with the signs and symptoms of both heat cramps and heat exhaustion plus bounding pulses, confusion, altered level of consciousness, coma, or even death. Hot dry skin and an absence of sweating is an ominous and late sign of heat stroke.

Exercising too much for your age and physical condition, older adults, young children, and those who are sick or overweight are most at risk for heat related illness. Treatment for heat related illnesses include removal of the victim to a cooler environment, replenishment of salts and/or fluids, and (in the case of heat stroke) immediate medical attention. Heat illness can be prevented by proper diet and adequate hydration, limitation of exposure to high temperature environments, and maintenance of personal health and fitness.

Submitted by Rob Turner

Milestones & Promotions

50
**Concord Volunteer
Fire Department
for 50 years of service
to the citizens of
Campbell County!!!**



Michelle was born and raised in Lynchburg and graduated from E.C. Glass High School. She worked as a property management supervisor for 10 years before beginning her career in EMS. She became an EMT-Basic and joined the Concord Rescue Squad in 2002. Michelle became a Shock-Trauma Technician in 2003, then a Cardiac Technician and then EMT-Intermediate in 2004. She joined the Campbell County Rescue Squad in 2003 where she served as Supply Officer, Training Officer, and as Captain. Michelle worked in the Lynchburg General Emergency Room and at Lifeline Ambu-

lance Service before graduating Jefferson College of Health Sciences as a Paramedic in 2006.

Michelle joined the Campbell County Public Safety team as a founding member of the EMS career staff in November 2006 and was promoted to EMS Field Supervisor in June 2008. She has studied at the National Fire Academy, holds multiple certifications in Incident Command, Firefighter I & II, Hazardous Materials Operations, and is an EMT-Instructor and ALS Coordinator. Michelle taught the High School EMT-Program at the Campbell County Technical Center in 2011 and has served as a Paramedic Field Preceptor for the Central Virginia Community College. Michelle is excited to now serve as the Deputy Director—EMS for Campbell County Public Safety.

Michelle lives in Evington with her husband Rob Turner, who is a Master Firefighter and Paramedic with the Lynchburg Fire Department, and their Daughter Samantha, age two, who is the ruler of the Turner household.

Communications/E911 Report for March 1, 2011 — May 31, 2011



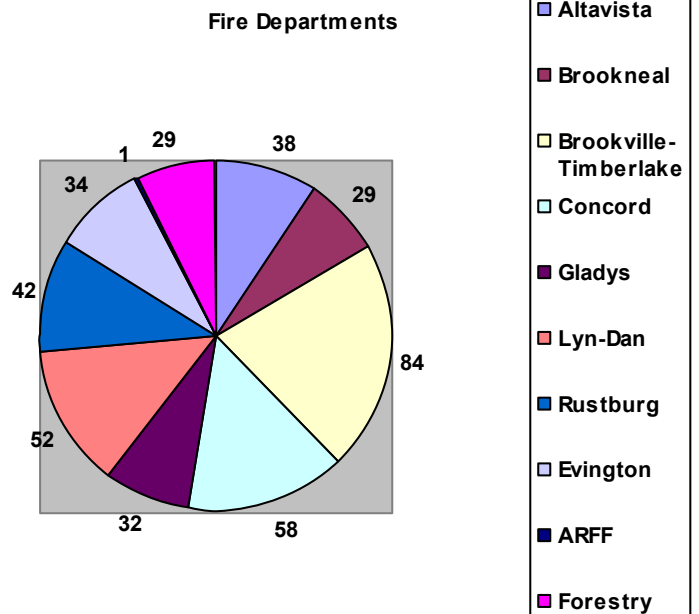
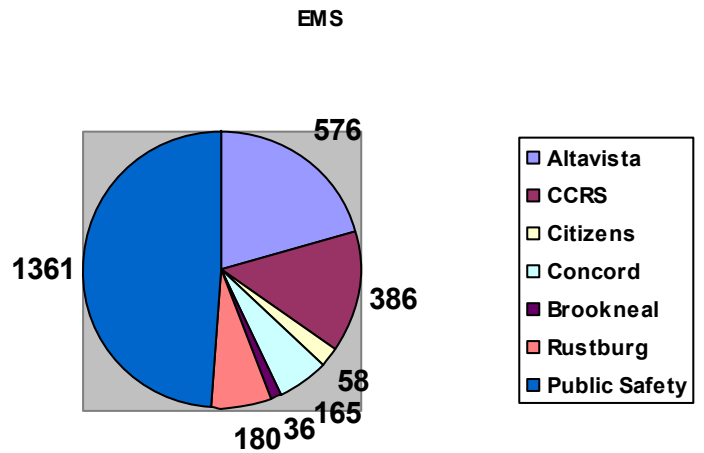
Being a Dispatcher

Being a dispatcher is not an easy job and sometimes not a very rewarding one. Everyday brings new things. The simplest of tasks becomes a lifesaving adventure. The hardest tasks become routine. Most of the time, good things go unnoticed. But as dispatchers, we continue on each day, being the best that we can.

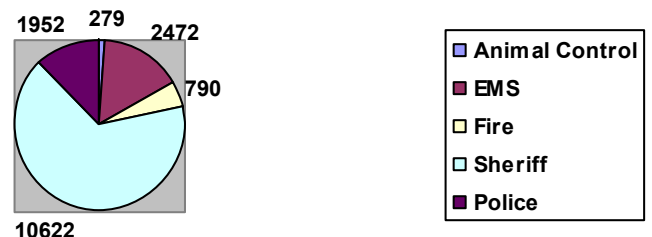
This past July 4th weekend was one of the busiest for our Communications Officers. Everyone did an excellent job and everyone went home to their families. But I want to take a moment to recognize a Communications Officer for handling one of the worst calls a 911 Officer can take. On Saturday, July 2nd, at approximately 2024 hours, Officer Cari Ingram fielded a call from a screaming, hysterical family who found a 3 year old that was drowning in their pool. Due to fast thinking on the behalf of a young family member, other family, Officer Ingram, Supervisor Reid, Officer Maddox, and Officer Elliott (the First, Fist Responders), members of the Sheriff's Office, volunteers from both Fire, EMS, and the Career EMS staff, the child will make a full recovery. Of course, at the time of this incident, several other emergencies were taking place. After hearing the child crying on the 911 line, Officer Ingram had to disconnect to answer another 911 line. Officer Ingram had to wipe her tears and carry on to the next call. After a couple of hours, she was able to take a moment to call her family and speak to her own 2-year old son. If it wasn't for a COMPLETE TEAM effort, the outcome could have been tragic.

We try our best each day. Our main goal is Life Safety whether you are calling 911 or responding. Everyone MUST go home to their families after a shift or duty. We welcome any Public Safety Member to come and put a headset on and observe. It's not as easy as most think. Give me a call to set up a time,
Deborah Bush, Training Officer,
434-332-9843.

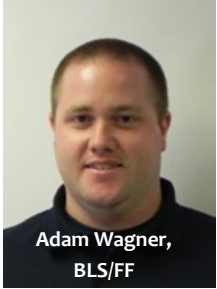
Teamwork!!



Calls For Service March 1, 2011-May 31, 2011



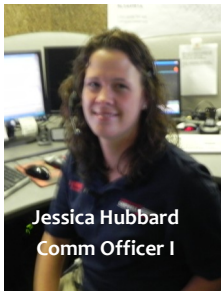
Welcome, New Hires



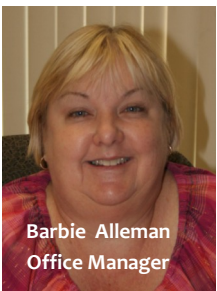
Adam comes to us from Farmville . He has been involved in Fire & EMS for over 4 years in Prince Edward County, on both a volunteer and career basis. Adam is an EMT-Enhanced and holds certifications in FF I & II. He received his Associates in Applied Science degree at CVCC and continues to further his education.



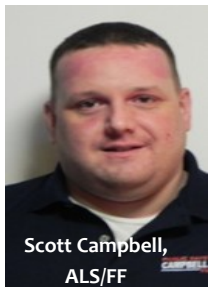
Brooke is originally from Campbell County. She grew up in Lynchburg and graduated from Heritage High School in 2007. Brooke is currently attending Central Virginia Community College to obtain certification as a Nationally Registered Paramedic. She became involved in EMS in the summer of 2009 and has been a member of Campbell County Rescue Squad since November of 2009. Brooke has always enjoyed helping others and derives great joy from volunteering and working in dispatch.



Jessica moved to the Rustburg area from New Britain, CT. She has been married for 2 years to Campbell County deputy, Brian Hubbard. Brian and Jessica are the proud “parents” of 2 dogs. Jessica has also been a volunteer firefighter for the past 4 years. She is a member of the Lyn-Dan Heights Volunteer Fire Department. Jessica is a Thirty-One consultant. She enjoys outdoor activities, camping, kayaking, fishing, and traveling to Virginia Tech football games!



Barbara (Barbie) Alleman has joined the staff of Public Safety as Office Manager. She has lived in Campbell County her entire life. Prior to joining PS, Barbie has spent 27 years in customer service in the life insurance industry. When not working, Barbie enjoys traveling, going to auctions, sewing and baking. Barbie is looking forward to working with everyone in PS.



Scott is originally from Augusta County and moved to the Lynchburg area a year ago. Scott has been involved in Fire & EMS since he was 16 years old, on both a volunteer and career basis. Scott is currently certified as an EMT-Intermediate and is enrolled in the Intermediate to Paramedic Bridge at CVCC, starting this fall. When he is not working here in Campbell County, Scott also works for Centra Patient Transportation. Scott is a fan of Virginia Tech and the Boston Red Sox.



Common Sense POV Response



As volunteers, you probably respond to your station or even the incident in your own vehicle, also known as a privately owned vehicle (POV). For all responders and for all types of incidents, safety starts at the time of call. These are everyday Fire/EMS tips for reaching the incident safely when responding in a POV.

1. Put on your seatbelt before starting the car. This should be a habit that you do without thinking every time you get in a vehicle.
2. Know the address of the incident before leaving for the call.
3. Once you know the location, think about the route you will take to get there before leaving.
4. It is normal to be excited when responding to an emergency. Recognize that your fight-or-flight sympathetic nervous system has been activated. Don't let this transfer into aggressive or reckless driving.
5. Follow the State Law and your department policies for POV use of red lights. Red lights in POV's do not give POV's the right to disobey traffic laws.
6. Turn off your car stereo, ignore your cell phone, and don't attempt to text or make calls. Instead do these three things: Focus on driving. Focus on driving. **Focus on driving.**
7. Careless operation can reflect poorly on the fire or rescue department and the County Fire and EMS system.
8. Drive according to road conditions not incident conditions
9. Real world concerns while responding: Safety, Liability, Public opinion, Civil and Criminal action

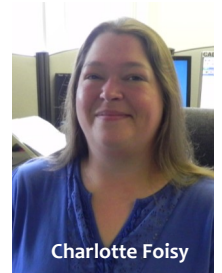
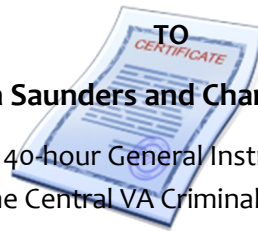
Congratulations—Good JOB!!



Delia Saunders

Delia Saunders and Charlotte Foisy

for completing the 40-hour General Instructor certification course through the Central VA Criminal Justice Academy



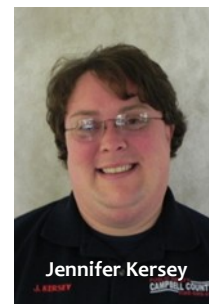
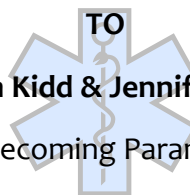
Charlotte Foisy



Justin Kidd,
CAMPBELL COUNTY

Justin Kidd & Jennifer Kersey

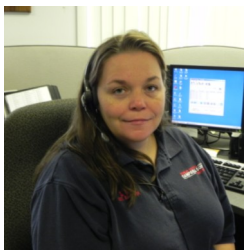
on becoming Paramedics



Jennifer Kersey
CAMPBELL COUNTY

TO

Assistant Supervisor Stephanie Cox for assisting a family with the delivery of their grandson. Using her APCO EMD guidecards, Stephanie was able to help the family safely deliver a baby boy!!





The fireground is an inherently dangerous place. And with the passage of time, so increases the dangers faced by firefighters. Evolving building construction techniques, emerging energy sources, synthesized materials, structural renovation, deterioration, and occupation, all these changes equate to a dynamic hazard set that cannot be readily anticipated or predicted.

There is only one way that we can mitigate our lack of familiarity with the fireground and the hostile environment we must operate in, the 360° survey. It is imperative that the incident commander, the initial attack company officer, and the RIT team all perform their own 360° survey.

A 360° survey on a typical residential structure takes only seconds but provides infinitely valuable knowledge that can mean the difference between success and failure or even life or death. General building size, layout, con-

struction features, and above or below grade levels can be determined allowing for mental catalogue and prediction of the floor plan prior to entry. Location of utilities, gas and electric for example, provides for the opportunity to rapidly isolate or at least for the recognition of potential fuel or energy hazards. Multiple routes of potential entry or escape for crews operating inside can be identified. It allows for more accurate determination of fire location, involvement, and extent. And finally the 360° survey allows for a better risk analysis for the potential need for occupant rescue or even structural collapse.

NIOSH firefighter fatality reports repeatedly cite a lack of a complete size-up as a contributing factor in firefighter deaths. The 360° survey should be, or should become, standard operating procedure for all firefighters and all departments.

Animal Control
Officers
Attend
TLAER Training
2011



Technical
Large
Animal
Emergency
Rescue

UPCOMING EVENTS



BENEFIT for Firefighter Gerald Mays & Family



Live Music by Dragonfly



When: Saturday, August 20th
Time: 6-11 pm

Where: Benjamin's (Rt.221, Forest)

Tickets: \$10.00 at gate

Bring your chair & ID for

FOOD * DRINKS * FUN

Donations should be made to Brookville-Timberlake VFD. Reference Gerald Mays

Lyn Dan Heights VFD Car Truck & Bike Show



August 27, 2011

Hyland Heights Baptist Church

11452 Wards Road, Rustburg, VA 24588

Gates open @ 10am

Awards @ 3:30pm

\$10.00 Entry Fee

50/50 Raffle

Vendors

Refreshments

For more information : (434) 237-7915 or email : Company15carshow@gmail.com



BREMS EDUCATION NIGHT

When: TUESDAY, AUGUST 23, 2011

Where: LGH First Colony Conference Room #2

Guest Speaker:
Dr. Peter O'Brien,
Invasive Cardiologist—Centra

Chest Pain/STEMI Patients/12 Leads

Time: 7-9 PM

- ALS CE Area 73-1 hr & Area 88-1 hr
- BLS CE Area 02-1 hr & Area 05-1 hr

Please call the BREMS office , 947-5934 to register. Attendance is FREE.

Light refreshments will be provided.



32nd Annual VA EMS Symposium

Nov. 9-13, 2011

Norfolk, VA

More info—

vdh.state.va.us/OEMS

